

# WEST FAMILY HUB

## Farcliffe Timetable

### February 2023- March 2023

## WOMENS CHIT CHAT GROUP

Starting Tuesday 22<sup>nd</sup> November  
from 1pm-2:30pm & Will Continue  
Every Other Tuesday

Refreshments Will Be Provided

West Family Hub  
56 Toller Lane  
BD8 8QH

Contact Erica Wood on  
01664 127256 or Rakia on  
Rakia on 01775 124095  
If you have any questions.





## SEND Parent Carer Drop-in



Run by Carers' Resource in partnership with Bradford West Family Hub

An informal meeting for parent carers to get together,  
receive support, and share experiences.


Monday 6th February and Monday 20th March 2023,  
10am - 11.30am

Farcliffe Children & Family Centre, 56 Toller Lane, Bradford,  
BD8 8QH

For further information please contact Nazma Akhbar at  
nakhbar@carersresource.org or call 0808 5015939




Bradford West  
**Family Hub**  
Prevention and early  
help for families



Could you be missing out on 15 hours free childcare  
for your two-year-old?

Contact Erica Wood 07866127256 or Rukhsana Rasib 07773124015  
or Lois Partington 07773123955 for more information

### Bradford West Family Hub Contact Details

Hub Address: 56 Toller Lane, BD8 8QH

Like Us!  Bradford West Family Hub

Telephone: 01274 436700

Office Opening Hours:

8:30am -5:00pm Monday- Thursday  
8:30am -4:30pm Friday

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# WEST FAMILY HUB -Farcliffe Timetable February - March 2023

<b>Monday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor.	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through West Family Hub Farcliffe reception.	<b>Community play and learn session (SEND)</b> Time: 9.00 – 12.00 At: West family Hub Farcliffe Starting date to be confirmed.  Bookable through West Family Hub Farcliffe reception.	<b>Midwifery clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your midwife or health practitioner.	<b>Bradford Stronger Together – Community Autism and SEND support group. Cook and Eat session</b> Time: 9am – 12.00 Monthly At: West Family Hub Farcliffe  Bookable through Farcliffe Reception or just drop in	<b>Carer’s resource drop in sessions. An informal meeting for parent carers to get together, receive support, and share experiences.</b>  Available: Monthly Monday 6 <sup>th</sup> February 10am-11.30am Monday 20 <sup>th</sup> March 10am-11.30am  Bookable through Sam Bland at 01274 449660	<b>Portage Family Workshop</b>  Available from 8.30am – 15.30 Monday 6 <sup>th</sup> February Monday 27 <sup>th</sup> February at: West Family Hub Farcliffe Contact West Family Hub Farcliffe			
<b>Tuesday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Midwifery clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your midwife or health practitioner	<b>Youth service- Girl’s youth group</b> Time: 6.30pm-8.30pm At: West Family Hub Farcliffe  Just turn up and drop in	<b>Play and learn session</b> At: Farnham primary school Time: 9 -10.30am  Just drop in and register	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through West Family Hub Farcliffe reception	<b>0-4 years drop in session for parents.</b> Time: 9.30am – 12.30pm Advice, support and information for parents of 0-4yrs. 0-4yr olds welcome to come and play in our nursery!  Run by Keelie from Catholic care. For more information, please contact West Family Hub. Just turn up!	<b>Drug’s Workshop</b> Time: 7.00pm – 9.00pm Runs monthly at Farcliffe. Advice and support for parents and young people.  LADZ West Yorkshire or contact West Family Hub.	<b>Women’s wellbeing group 12.30pm- 3.30pm</b> Alternate Tuesdays with the Chit chat group.  Run by the Cellar Trust For more information, please contact West Family Hub, ask for Erica Wood. Just turn up!	<b>Portage Family Workshop</b> Available 8.30am – 3.30pm Tuesday 7 <sup>th</sup> Feb at: West Family Hub Farcliffe Contact West Family Hub	
<b>Wednesday</b>	<b>Health visitor clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Clothes Shack</b> Free clothes recycle shop. Time: 1.00pm – 2.00pm  At: West Family Hub Farcliffe Just drop in!	<b>Supporting families police team drop in advice sessions</b> Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Bookable through Farcliffe Reception or just drop in	<b>Access &amp; Take up – Free childcare places advice and support drop in session</b> Time: 9.00 – 12.00 At: West family Hub Farcliffe  Just turn up and drop in	<b>Department of working pensions – Family work coaches drop in session, debt, benefits and employment advice</b> Time: 9:00am – 12:00pm At: West Family Hub Farcliffe  Bookable through Waz 07385952928 or just drop in	<b>School Nurse Drop-in Service.</b> Available for confidential appointments, Healthy eating, Healthy lifestyle, Healthy relationships, Night-time bedwetting, Feelings of sadness, worries or anger, Changes to the body  Available: Wednesday 1 <sup>st</sup> February, 1-2.30pm Wednesday 1 <sup>st</sup> March 1-2.30pm Wednesday 5 <sup>th</sup> April 1-2.30pm  At: West family Hub Farcliffe Bookable through the school nursing team 01274 221203	<b>Neighbourhood warden’s coffee and catch up</b> Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Bookable through Farcliffe reception	<b>Meet your local PCSO</b> Time: 9.00 – 12.00 At: West Family Hub Farcliffe  Just turn up and drop in	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through Farcliffe reception	<b>Keep Warm Event</b> Come and enjoy a hot drink in a cosy space, advice and support available.  Date: 15 <sup>th</sup> February At: West Family Hub Farcliffe  Just drop in to West Family Hub Farcliffe
<b>Thursday</b>	<b>Health Visitor baby clinic</b> Available all day At: West Family Hub Farcliffe  Bookable through your health visitor	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe.  Bookable through West Family Hub Farcliffe reception	<b>Play and learn session</b> At: Abbey Green primary school Time: 1-2.30pm  Just drop in and register	<b>Portage session</b> At: Farnham primary school Time: 9.30-11am  Bookable by referral only or invitation only	<b>Bradford job club drop in sessions</b> Time: 10am – 12.00 At: City Library  Just drop in.	<b>Baby Clinic Run by our health visiting team</b> Time: 9am – 4pm Starting December. At: West Family Hub Farcliffe  Bookable through your health visiting team.	<b>Play and learn sessions</b> Run by the Early years Alliance  Time: 1-2.30pm At: Abbey Green primary school  Just drop in and register	<b>Portage session</b> At: St Edmunds nursery Time: 9.30-11am  Bookable through St Edmunds	<b>LADZ West Yorkshire Male peer support group</b> Time: 12.30 - 4.30 For more information, contact LADZ West Yorkshire or contact West Family Hub. Just turn up !	<b>Dentist &amp; Oral Hygiene Team</b> Support, advice and bring your child to see a dentist. Oral Hygiene advice 09.30am - 4.30pm 2 <sup>nd</sup> Feb Dentist available 11.30am - 3.30pm drop in at West Family Hub Farcliffe
<b>Friday</b>	<b>Bookable sensory play sessions</b> Available all day At: West Family Hub Farcliffe  Bookable through Farcliffe reception.	<b>Adult disability gardening group, Bradford City</b> Available all day At: West Family Hub Farcliffe  Bookable through Bradford City Disability FC. 07818515639								

**We look forward to seeing you soon! West Family Hub on, 01274 436700**

